

## FEEDBACK FROM HUGS PARTICIPANTS

*"This should be mandatory training for all employees"*



*"Getting feedback from others makes me feel more comfortable about stepping in and attempting to help."*



*"Great discussion of how to help engage families and share responsibilities of safety for children."*



*"The sharing and discussion reinforced what I do right and I learned what I can do differently."*



*"Very informative. I learned to include parents in the beginning process of suspected abuse and neglect. I've never been given that slant. Thank you!"*



*"Gave me more confidence in myself and advocate for kids."*



*"As an administrator, I really appreciated the discussion on this intervention being every person's responsibility."*

If you would like to schedule a **HUGS** presentation or are interested in becoming a **HUGS** trainer in your community, please contact **Prevent Child Abuse Ohio** at **(614) 722-6800** or **1-800-CHILDREN**.

To find out about upcoming trainings log on to **www.pcao.org**



### **Prevent Child Abuse Ohio**

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1-800-CHILDREN  
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PREVENT CHILD  
ABUSE OHIO



## HUGS

Help Us Grow Safely  
Training Program



**Prevent Child Abuse**  
Ohio

CENTER FOR CHILD  
& FAMILY ADVOCACY

NATIONWIDE  
CHILDREN'S  
HOSPITAL

## WHAT IS HUGS?

The **Help Us Grow Safely (HUGS)** program, provided by Prevent Child Abuse Ohio at the Center for Child & Family Advocacy at Nationwide Children's Hospital is a community based training that teaches how to safely and effectively intervene in negative adult/child interactions in an effort to prevent child maltreatment.

Have you ever been in the grocery store, your place of employment or other public place and observed a stressful moment between a parent and a child...one that left you feeling uncomfortable and unsure how to help? You are not alone.

**50% of Americans report that they "did nothing" when they saw a potential child abuse situation in public, because they were unsure how to help.**

## WHAT WILL I LEARN AT A HUGS TRAINING?

- How to identify the types of child abuse and physical and behavioral signs.
- Techniques to safely and effectively intervene in a stressful parent-child interaction.
- Distinguish between the myths and facts associated with abuse and neglect.

## DID YOU KNOW?

### Facing the Facts in Ohio:

- In 2005, there were over 93,000 reported cases of child abuse and neglect.
- There are 16.9 child abuse and/or neglect victims per 1,000 children.
- Child abuse is the leading contributor to poor childhood outcomes such as below average academic and social skills.

## WHO CAN PARTICIPATE IN A HUGS TRAINING?

Anyone is welcome to participate in a **HUGS** training session which lasts one hour and thirty minutes for the general HUGS trainings and three hours for the train the trainer model (there is a fee associated with the train the trainer model, access our website for more details.)

### **HUGS Training is Highly Recommended for the Following Groups:**

- Retail Employees
- Daycare and School Staff
- Neighborhood Coalitions
- Faith Based Organizations
- Civic Groups
- Child Advocates
- Social Service Staff
- Any group or individual interested in breaking the cycle of abuse and neglect.